



PARTICIPANT INFORMATION SHEET

Evaluating the use of the Food Follower app (Part of the Monitoring adherence to allergy prevention recommendations (MAAPR) study)

You are invited to participate in the research project described below.

What is the project about?

The research project will investigate what common allergy causing foods are being fed to babies and how often they are being offered and if the Food Follower app is a useful tool for parents.

Who is undertaking the project?

This project is being conducted by Dr Sandra Vale (chief investigator), Dr Merryn Netting, A/Prof Kevin Murray and Milo Radunski at The University of Western Australia.

What will I be asked to do?

You are asked to complete an online survey, which will ask you questions about what common allergy causing foods your child has eaten and some information about your family's history with allergies. The survey will be conducted using Qualtrics.

It should take you about 5 minutes to complete and you will be completely anonymous.

Are there any risks associated with participating in this project?

There is no foreseeable risk in you participating in this research project.

What are the benefits of the research project?

By participating in this study, you will help us to identify resources and information to help prevent babies from developing food allergies. You will also help us to improve the Food Follower app.

What if I change my mind?

Participation in this study is completely voluntary. Even if you begin the survey, you are free to withdraw by simply not completing it. However, once you complete the survey and submit it back to us, you won't be able to withdraw it because we will have no way of knowing which one is yours.

How will you keep my information private and confidential?

Completed surveys will be stored securely, password protected on UWA servers and only the researchers will have access to this information during the project.

Once the study is completed, the data collected from you will be stored securely and destroyed 7 years after publication, as per university policy for research data management (WA University Sector Disposal Authority guidelines). The data may be used in future research. The results of the study will be published as a journal article.

Will I be able to find out the results of the project?

Once we have analysed the information we will provide a summary of our findings on the National Allergy Council website (www.nationalallergycouncil.org.au). This will be available in September 2028.

Who do I contact if I have questions about the project?

If you have any questions about this project, please feel free to contact Dr Sandra Vale at sandra.vale@uwa.edu.au. We are happy to discuss with you any concerns you may have about this study.

What if I have a concern or complaint?

Approval to conduct this research has been provided by the University of Western Australia, in accordance with its ethics review and approval procedures. Any person considering participation in this research project, or agreeing to participate, may raise any questions or issues with the researchers at any time. In addition, any person not satisfied with the response of researchers may raise ethics issues or concerns, and may make any complaints about this research project by contacting the Human Ethics office at UWA on (08) 6488 3703 or by emailing to humanethics@uwa.edu.au. All research participants are entitled to retain a copy of any Participant Information Form and/or Participant Consent Form relating to this research project.

How do I sign up to participate?

If you are happy to participate, please click on the link or scan the QR code under the consent statement.

Thank you for your time. You can save a copy of this sheet to keep.

Consent Statement

- I have read the Participant Information Sheet and understand what I am asked to do.
- I understand that participation involves completion of an online survey.
- I freely agree to participate in this research project as described and understand that I am free to withdraw at any time up until submission of the completed survey.
- I understand that the information I provide will be anonymous.
- I understand that the information will be de-identified.

Click here to agree and proceed to the survey