

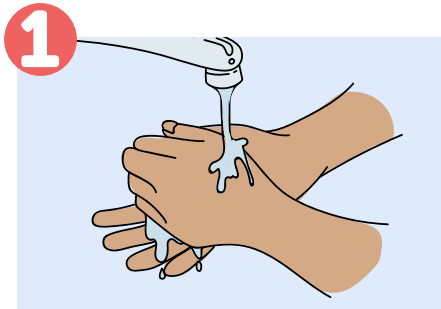
DHËL YE KOC LAAK WÄL AKUÖÖK

Wäl akuöök (Bleach baths) ee kām abĕk nōk raan guöp keya ka tĕtōk tōu raan guöp a ce luöök. Wäl akuöök a ye mĭth ku kōcđit lōk bĕ akuöök tek yic.

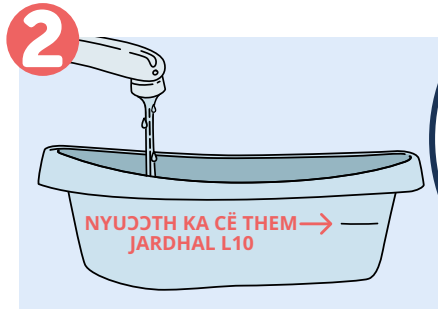
Kā ba wĭc aa kĭk:

- Agan laak ya agan ye meth lōk
- Piu tuc amāāth
- Jardhal jĕt L10 dhie ye kōc luui baai
- Wäl ě laak cĭn yic riĕĕya (White King) – mL12 tĕn lĭtĭr 10 ě piu

- Miök laak – thiŋ bĭny/bĭiŋ 1-2 tĕn laak cĕ lueel
- Wārkuarġ ya mĭlo – thiŋ bĭny 1/3 tĕn lĭtĭr 10 ě piu tĕ cĭ ye lueel

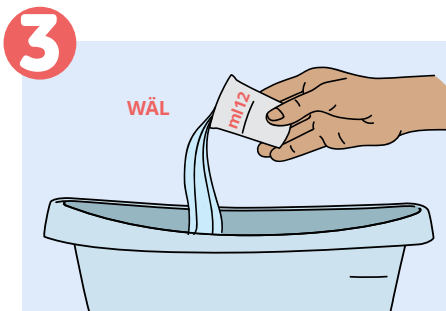


kaam kĕc yĭn gua gōc, lōk ku wec yic cĭn.

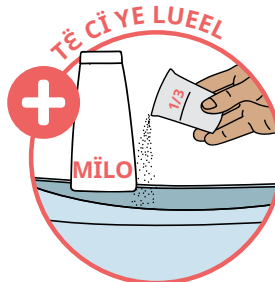


Thiŋ agĕy piu bĕ yet nyĭn wĭc ka ye ġem thiŋ jardhal jĕt lĭtĭr 10 rin ba piu ca tāāu thiŋ ŋĭec them.

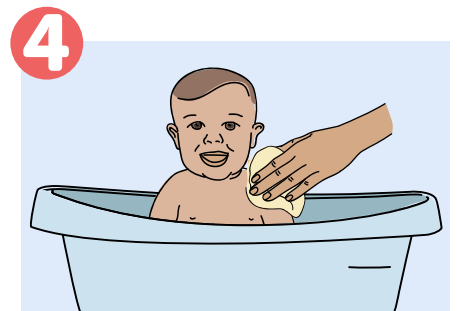
NYUUTH
Tekdā ka yĭn a bĕ mĕĕr ě piu ġiit nĕ ġalam ce cuŧh ya warġ la nuet rin ba cĭ ye rĕĕr yĭ thĕm abak.



Mat mL12 ě wäl thiŋ kuat tĕn lĭtĭr 10 ě jardhal piu cĕ luöōŋ agĕy yic (na cĕ agĕy thiāŋ bĭ kōc machhok ebĕn laak, ka yĭ met 1/4 ě bĭny wäl thiŋ). Tĕ cĭ ye lueel ka yĭ met mĭlo ku miök laak thiŋ.



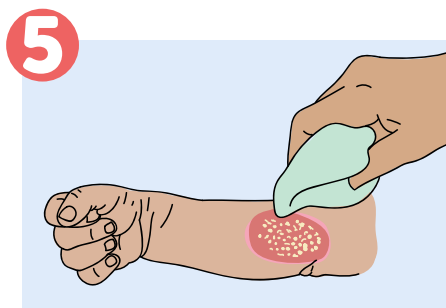
Thiŋ bĭny 1/3 mĭlo tĕn kuat jardhal leŋ yic lĭtĭr 10 ca puök piu laak yĭic.



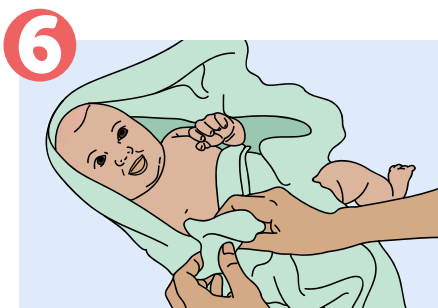
Lōk manh du piu yĭic ku lōk nyĭn ku lōk nhom, ku duk piu cōl la ye nyĭn.



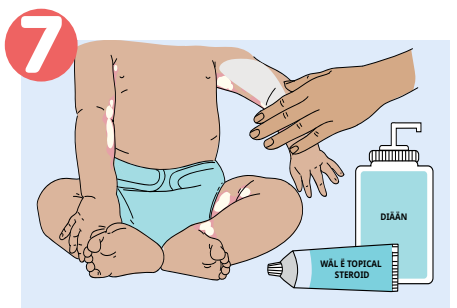
Mat biĕny/ bĭiŋ 1-2 ě miök laak thiŋ.



Na cĕ akuöök yĭic pāt ku kōōkkā manh du guöp, ka yĭ lōk yāntōök yĭic amāāth rin ba ġōk kuĕk bei.



Na ca manh du lōk, ka jĕt bei piu ě wäl yĭic – ku duk ben lōk kōu piu path kōk tĕ cĭ yen thōk thōk laak agĕy yic. Wĭc backĭr bĭn manh du weec guöp amāāth.



Tac wäl akuöök (topical steroids) ku diāān tĕ cĭt tĕ cĭ Akĭm ya kuonyakĭm luĕl yeen.